

## On Campus Resources

### The Student Health Center

- Free Condoms
- Birth Control
- Plan B One-Step
- Pregnancy Testing

### SHSU Counseling Center

- Individual and/or Group Therapy
- Helping Kats COPE Workshop
- Short-Term Counseling

### Student Money Management

- Personal Finance Coaching

### SHSU Food Pantry

- Food
- Free Meals

### Employee Assistance Program (EAP)

The EAP is available to employees whether they participate in the ERS Health insurance plan or not.

☎ 800.346.3549

## Parenting/Lactation Rooms

### College of Osteopathic Medicine

Room 104

### Criminal Justice Center

Room A193

### Dana G. Hoyt Art Complex

Room 218M

### Life Sciences Center

Room 112

### Lowman Student Center

Room 212

### Newton Gresham Library

Room 224

### Ron Mafrige Field House

Room 305

### The Woodlands Center

Room 214

### Thomason Building

Room 105

### T.R.I.E.S. South Sam 3

Room 173N

### University Plaza

Room 236

More Info:



## Off Campus Resources

Additional off campus resources for pregnancy testing, STD testing, materials (diapers, formula, clothes) and parenting classes.



Care Center of Huntsville  
1215 15th Street  
Huntsville, TX 77340  
☎ 936.294.0404



Pregnancy Assistance  
Center-North  
115 N. San Jacinto St.  
Conroe, TX 77301  
☎ 936.441.6442



Educational Resources  
The Pregnant Scholar  
☎ 415.565.4640



Texas Health and  
Human Services  
Medicaid for Pregnant Women  
☎ 800.252.8263

# Pregnant or Parenting?

TITLE IX PROTECTS YOU FROM DISCRIMINATION



Office of Title IX &  
Discrimination Resolution  
SAM HOUSTON STATE UNIVERSITY

📍 1831 University Ave.  
Thomason Building, Suite 302  
Huntsville, TX 77341  
☎ 936.294.3080



# WHAT IS TITLE IX?

**Title IX states: No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance.**

At Sam Houston State University, we are committed to maintaining an educational and work environment that provides equal opportunity and access to all.

Title IX provides equal educational opportunities for pregnant and parenting students. It prohibits educational institutions from discriminating against students based on pregnancy, childbirth, false pregnancy, termination of pregnancy, or recovery from any of these conditions.

# KNOW YOUR RIGHTS

## Extracurricular Activities

Title IX prohibits a school from excluding a pregnant student from any part of its educational programs, including all extracurricular activities, such as school organizations, academic societies, honors programs, internships, or sports.

## Pregnant Athletes

Pregnant athletes (and those with related conditions) must be treated like any other athlete with a temporary disability. SHSU cannot force you to stop participating in your sport because of pregnancy, even if the school's decision is based on an assumption that it is unsafe for you to play. You may be asked to provide a medical clearance to play only if players with other medical conditions are asked too.

That means that you cannot lose your athletic scholarship just because you are pregnant. If you have an athletic scholarship and can't play because of your medical condition, you must be treated the same as any other student with a temporary disability, including keeping benefits while in recovery, and renewal of your award.

## EXPECTANT STUDENT FAQ

**Q. What if I need to miss class or cannot meet assignment deadlines due to pregnancy?**

**A.** If an absence notice is needed, the Dean of Students Office may grant notification requests at any time for any student due to pregnancy, childbirth or any other medical procedure(s). Professors may require you to complete missed assignments or other work to make up for missed participation, but the make-up work should be comparable with the work given to other students, not extra.

**Q. What happens to my full-time student status if I cannot attend class regularly during a semester?**

**A.** Title IX gives the student an opportunity to return to the same academic and extracurricular status as before their medical leave began.

**Q. What happens to my on campus housing once I deliver my child?**

**A.** Since students are not allowed to live on campus with children, a request to terminate the contract agreement can be submitted through the Residence Life housing portal.

**Q. What happens when I'm pregnant and still need to attend classes?**

**A.** Title IX allows pregnant students to make reasonable adjustments, such as a larger desk, temporary parking permit, or the ability to make frequent trips to the restroom due to your pregnancy.

For more information visit our website:  
[shsu.edu/titleix/pregnancyparenting.html](https://shsu.edu/titleix/pregnancyparenting.html)

