



Garrett Center

SAM HOUSTON STATE UNIVERSITY

## STUDENT-LED PARENT INTERVIEW Informal Transition Assessment

**EXTRA CREDIT ASSIGNMENT:** *I would like to ask you some questions about me. There are no right or wrong answers. The questions that I will ask will help me learn from you what you have seen as my strengths to be successful as an adult. I will also ask questions about planning for my future.*

### Participant Information

Student Name: \_\_\_\_\_

Date: \_\_\_\_\_

Parent Name: \_\_\_\_\_

**Strengths:** *What do you think are my strengths that will help me be successful in a job?*

a. \_\_\_\_\_

c. \_\_\_\_\_

b. \_\_\_\_\_

d. \_\_\_\_\_

Can you give examples of what I did that helped you see my **strengths**?

**Interests:** *Based upon my strengths, what jobs do you think I would enjoy & be good at?*

a. \_\_\_\_\_

c. \_\_\_\_\_

b. \_\_\_\_\_

d. \_\_\_\_\_

**Do we Agree?** (1) If you and your parents agree about a job you might like, talk about why you both think it as a good job for you. (2) If you were thinking about a different type of job, explain why you prefer a different job. *(It is okay to have different visions about jobs.)*

**Postsecondary Education or Adult Training:** *Can you help me plan how to get the training for the jobs. Do I need college? Vocational Job Training? Name one you might attend.*

College/University: \_\_\_\_\_

b. Job Training: \_\_\_\_\_

**Employment Experience:** (1) Talk with your parents about the possibility of getting a job while in high school. (2) If you already have a job, talk with your parents about whether or not the job matches your career goals. Is there a job that would be a better match?

### Matching Activities:

**Courses:** Talk to your parents and brainstorm the courses you could take in high school that will help you get the type of job you want as an adult. \_\_\_\_\_

**Extra-curricular Activities:** What clubs at school or in the community might help you gain skills for the future? \_\_\_\_\_